



November 11, 2015 | Be Involved, Be Engaged, Celebrate Rotary

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This Week at Rotary

Lyn Menne
 Assistant City
 Manager
 City of Decatur
 Update on City of
 Decatur Projects



Lyn Menne is assistant city manager for community and economic development for the City of Decatur. This position evolved out of her role as executive director of the Decatur Downtown Development Authority, a position she has held since 1983.

Lyn received her undergraduate degree in American studies from Queens College in Charlotte, NC and her master's degree in public administration from the University of Georgia. Prior to joining the Decatur staff, Lyn worked for the state historic preservation office, creating their first public information and education program and served as manager for the Georgia Main Street program at the

Friday
Lunches
catered by
Oakhurst Market

Decatur Rotary Club Officers

President:
Scott Thompson

President-Elect:
Amy Nash

Past President:
Peter Michelson

Secretary:
Doug Robinson

Treasurer:
Pete Pfeiffer

Sergeant-at-Arms:
John Drake

The Four-Way Test

In everything that
we think, say or
do:

Is it the TRUTH?

Is it FAIR to all
concerned?

Will it build
GOODWILL

Georgia Department of Community Affairs.

In explaining how someone with a background and interest in historic preservation ended up in economic development, Lyn says that she believes people are drawn to protecting older buildings because they have a fundamental need to experience a "sense of place" and a "sense of community." Her work with the City of Decatur has been as much about nurturing Decatur's unique character as it has been about developing physical buildings.

Lyn is married to Doug Menne and has two adult daughters. She and her husband recently downsized to a small house just two blocks from downtown Decatur. The good news is she is now only a half mile from the office. The bad news is she is only half mile from the office.

Nov. 6 Speaker Recap



Bob Bachman, left, introduced our speaker, Dr. John Muse, oral and maxillofacial surgeon, who came before our club to talk about stress and life balance. He acknowledged that he is not a psychologist, but wanted to share his unique insights.

In May, 2014, John Mused died at Emory Hospital. He had a heart attack in his office, recognized the symptoms and called to his nurse. She dialed 911, and upon his insistence, the ambulance took him to Emory Hospital. Once at the hospital, his heart stopped and he died on the table. The staff shocked him seven times to get his heart going again. Normally, doctors give up after three or four attempts, but

and
**BETTER
FRIENDSHIPS?**

Will it be
BENEFICIAL
to all concerned?

[For more information
visit our website.](#)

[Check our club's
calendar](#)

[District 6900 Website](#)



Good to Know

Meeting Place
Old Courthouse
Downtown Decatur
101 E. Court Square

Meeting Time
Every Friday
12:15 to 1:30 pm

Our Club
#4132, District #6900.

Mailing Address
Decatur Rotary Club
PO Box 845
Decatur, GA 30031

Dues & Donations
\$275 quarterly dues
\$700 annual donation

Newsletter
Submissions
Deadline is Monday at

this time they kept going. Once he had a pulse, he was moved to an operating room to get a stent/catheter in place. Five days later he walked out of the hospital without any brain damage. He described fighting the sedation and trying to hug his daughter in the hospital.

Six weeks later he went on a trip with his daughter rafting down the Colorado River in the Grand Canyon, with no cell phone service or any hospital nearby. He loved it. His doctor told him the cause of his heart attack was stress. Dr. Muse has no family history of heart disease, no high cholesterol, and he exercises a lot. His heart attack was bad luck and stress. As a warning, his doctor told him that he would not walk out of the hospital after a second heart attack.

This experience has given him a new outlook on life. First, living is a privilege and we are entitled to anything in life. Second, he is more conscious of time. He has made adjustments to his work environment, after-work commitments, and his home life.

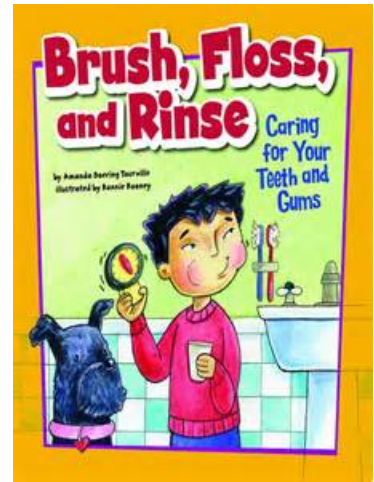
He finished with a story about going to the restaurant Six Feet Under in Atlanta. The night before his heart attack, he had dinner with his son there. His children saved all the e-mails and letters of support sent to them by friends and family. On the anniversary of the heart attack, his kids presented him with a book of all the letters sent in. He feels he has had the unusual experience of attending his own funeral after reading all the stories sent in by his friends



noon. Send your news to
Adrienne Vinson at
adrienne.m.vinson@gmail.com



In honor of John's visit President Scott presented a book to be donated to the DeKalb Library System, Brush, Floss, and Rinse by Amanda Doering Tourville.



News and Announcements

Invocation
Jeff Hancock (right)

Visiting Rotarians
Presented by Tom Adams

Dave Dayne, past district governor
/ Galion, Ohio club

Carol Dayne, past secretary / Galion, Ohio club

Guests
Presented by Scott Thompson

Todd Weitzman, guest of Todd Speed



Announcements

Big Green Egg Raffle: President Scott announced that he still has a few \$20 tickets left for the DeKalb Rotary Council Big Green Egg raffle. Drawing will be held at the council holiday party in early December at Petite Auberge.

Membership Call: Jeff Hancock(right), membership chair, encouraged us to invite prospective members to meetings and social events, and to propose new members to the club.



Veterans Recognition: Scott Thompson brought all the members of club who are veterans to the front of the room to honor them. Dennis Byerly read a passage about the experience of transitioning from civilian life to military life.

Service Project Dec. 5: Our club will assist at the First Christian Church of Decatur selling Christmas trees and wreaths. Herb McCoy reminded everyone that we still need 10 volunteers for the 1-5 pm shift.

Acknowledgements

Thank you to our photographer Dr. Mark Hastings, editors Lori Ronca and Adrienne Vinson, graphic designer Marcia Lampe, and reporter John Bennett and Director Alison Weissinger. Great job!

Sincerely,

The Rotary Bulletin Committee
Decatur Rotary Club